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## **Crossing Generations and Cultures Together in Christ**

### **PERSONAL DISCIPLESHIP**

Discipleship: A relationship in which a person with greater experience and wisdom guides another person to develop spiritually in transformation with Jesus, relationally with the church, and missionally with the world. The goal is to develop “disciples making disciples.”

#### **Commitments**

1. Length: The discipleship relationship lasts 10 months
  - a. There is a 2-month “trial period” to determine if your schedules and personalities match
  - b. It may continue past 10 months, after both evaluate and if both agree
  - c. It may consist of 1-3 disciples meeting together with a discipler of the same gender
2. Connection: Disciples take initiative to contact, make yourself available, coordinate schedules
  - a. Weekly check-in
  - b. Monthly meet-up
3. Spiritual Growth: Through learning, sharing, and prayer together
  - a. Catch the vision: Develop a foundation for God’s purposes in our spiritual lives
    - i. Transformational: Worship and Discipleship
    - ii. Relational: Fellowship and being Cross-Generational/Cross-Cultural
    - iii. Missional: Service and Evangelism
  - b. Learn the “R.O.P.E.S”: Develop a foundation of personal practices in our daily lives
    - i. Reading God’s Word, Obedience, Prayer, Evangelism, Service
  - c. Purchase the tools: “The Heart of the Church”, “The Character of the Church”, and “The Life of the Church.” (by Joe Thorn)
    - i. If cost is an issue, we can reimburse for those with financial hardships
4. Replication: Disciples commit to discipling someone else after they go through this process

#### **Format**

1. Weekly Check-In
  - a. In order to genuinely know each other and grow deeper together, it’s important to connect regularly. This can happen over the phone or at church, etc
  - b. Potential questions you might incorporate:
    - i. Personal: How are you (really) doing this week?
    - ii. Transformational: How is your relationship with Jesus this week?

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- iii. Relational: How are your relationships with people this week (family, friends, school/work, church, etc)?
- iv. Missional: Who are you praying for this week? What is Jesus prompting you to do?

### 2. Monthly Meet-Up

- a. Meet face-to-face once a month outside of church. We suggest setting aside a minimum of 90 minutes, somewhere you can have meaningful, undistracted discussion together.
- b. Discuss discipleship material for the month
  - i. Half the time will be spent in intentional discipleship by going through an appropriate book or study together. There should be a workbook section or discussion questions done before each session as homework, to better process our learning together.
  - ii. The goal of the material is to help disciples develop a clear and practical understanding of our transformational life in Christ together, our relational life in the church together, and our missional life in the world together.
- c. Sharing and Prayer
  - i. This is not a substitute for the accountability or personal sharing that occurs in a small group. Instead, discipleship focuses on accountability that develops a biblical foundation and spiritual transformation according to our vision and ROPES practices.
  - ii. Below is a simple accountability model based on the 5 crucial components of our discipleship. Sometimes you'll have more to share in some areas than others. Disciples may also share, but the focus is on the disciple's life and growth.
    - 1. Reading: What have you been learning in God's Word? How is Jesus speaking to you? How have you been applying it?
    - 2. Obedience: How have you been actively listening, obeying and/or trusting Jesus this week? Is there any issue where Jesus is prompting you to more obedience?
    - 3. Prayer: What has God been moving in your heart to pray for? What are some of your own prayer requests?
    - 4. Evangelism: Who has God brought into your life to share His love with? What steps are you taking to share your faith?
    - 5. Service: How is your involvement in church life this week? How is Jesus prompting you to bless and serve others?
    - 6. Is there any questions you have about your spiritual life or mine? Is there anything you haven't shared with me that you should, as your discipler?
    - 7. PRAY TOGETHER